



Annual Report 2021

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Harnessing a unique relationship model to drive change and support our young people across Liverpool City Region.

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Introduction

Vibe are driving change.



Paul Oginsky
CEO VIBE



Steph Harrison
Chair VIBE

Message from the CEO

I am delighted to report that Vibe is securing like minded allies and partners across communities, professions and sectors. People who work in different areas but have a shared belief that healthy relationships are a critical success factor in young lives.

By utilising Vibe's theory of change model, we are able to enhance our offer, develop our programmes and maximise our interventions to support young people with their relationships. By working with our partners in education, health, police and housing we are providing greater than the sum of our parts.

We believe that relationships can be both the problem and the solution and we are not alone. For the second year running,

I was asked to judge the national Children and Young People Now awards, to recognise those organisations who are doing the most to support young people, there is a lot of great work out there.

Whilst linking with organisations across the UK, Merseyside is our stronghold and I am proud to say that the people of Merseyside have taken the Vibe's message to their hearts.

Last year Vibe achieved incredible growth, and we will continue to develop our relationships with our partners, and help young people in the region to be healthier, happier and more prosperous members of our communities.

Message from the Chair

The last year has seen Vibe grow in confidence, in stature and in size. By developing our theory of change and reaching out to like minded partners we are working with more young people and we are active in more regions of Merseyside.

- Our award-winning youth voice programme named Vibe Voice is of particular note as it is now connecting young people across the region.
- Vibe Outdoors is working with more schools, more young people and more charities.
- St Helens college is a particularly strong partner that we have developed in the St Helens area.
- Halton has really taken off and as well as Vibe Voice we are delivering mental health programmes, short breaks and street work.

- In Knowsley we continue to work with schools, the police, local charities, the local authority and the NHS, our programmes support for young people with mental health, employability and community engagement. We would like to give a special shout out for voluntary sector partners including Centre 63, The Boyzee and the Lee Cooper Foundation.

- Looking forward we will continue to develop our current relationships but we are now looking for partners in areas such as Liverpool city centre, Sefton and the Wirral.

Vibe is all about relationships. We want to support more young people and believe the best way is through partnerships. If you agree with us please get in touch.

VIBE finance summary.

Source	2021/2022	Amount £
Knowsley MBC - Core Contract		£595,048
Knowsley MBC - Targeted Services		£344,314
Halton BC - Detached		£51,187
Halton BC - Youth Voice		£18,945
Traded Services - Vibe Outdoors		£162,812
Room rental		£13,588
One Knowsley - HAF in Knowsley		£122,898
Covid-Related Grants & Rate Relief		£23,013
Police Community Cashback Fund - Positive Vibes Programme		£59,638
Edsential - HAF in Halton		£11,034
John Moores Foundation		£8,000
Community Foundation		£1,000
St Helens College		£4,758
Wirral NHS Contract		£16,633
Kickstarters grants		£39,243
ForHousing		£10,090
St Helens BC - Short Breaks Programme		£14,917
Fundraising		£1,486
The Learning Foundry		£2,945
Schools engagement - Wade Deacon		£581

£1,502,130

Acknowledgement of funders, partners and volunteers

Thank you!

Vibe would like to thank our delivery partners and funders across the Liverpool City Region, Vibe are grateful for the support we've received this year. Because of your funding and support, our young people can receive the support they need, realise their potential, understand the importance of healthy relationships and access engaging programmes that puts them at the heart of their community.



What does Vibe do?

We are dedicated to supporting young people to build positive relationships and embed this within a range of structured programmes and interventions, designed around specific focused themes.



Vibe is located in key locations across the area for young people. Our expert youth workers deliver fun and engaging sessions and offer a variety of sports, arts and crafts, games and social activities.

We support young people with a range of needs and issues through our referral-based target programmes. This could be through One to One or small group support with young carers, young people not in Education or Training, young people with additional needs/disabilities with holistically framed bespoke programmes.



We reflect what young people tell us they want in our range of structured programmes. These are designed around themes such as social action, crime prevention, health improvement, and community cohesion.

Our brilliant Outdoor Education Centre in Knowsley offers everything from climbing to canoeing and sailing. It's the ultimate place for young people to experience adventure and reconnect with themselves and others.



Our Vision and Values

Vibe is all about relationships. Our culture is based on working collaboratively to create nurturing and mutually supportive relationships.



Vibe is Kind

Kindness is at the heart of what we do. We care for and respect young people and by developing their self-belief we support them to become proactive members of their communities.



Vibe is Passionate

Vibe is committed in heart and mind to inspire young people, we want to hear their views and we want to champion young people and their opinions.



Vibe has Integrity

We are honest, open and real. We are genuine and consistent in our values and in our actions.



Vibe is Optimistic

I can! You can! We can!
We develop and empower young people to look for the good in themselves and other people.

Demographics

Attendance and Delivery

3,033	Number Of Participants In Contact	3.71	Average Number Of Sessions Attended Per Participant
1,064	Number Of Sessions	14:41	Average Number Of Contact Hours For Each Participant
11,263	Count Of All Attendances At Sessions	03:23	Average Duration Of Sessions Attended By Participants
		10.59	Average Number Of Participants Attending Each Session

44,538:30

Sum Of All Hours Of Contact At Sessions In Report Period

Staff training

Minibus driver training	12	Outcome Star (Impact) training	13
Safeguarding training	47	Gorge Leaders training	4
Fire Marshall training	12	Autism Training	8
Mental Health 1st Aid	12	BTEC Medication Admin	2
1st Aid at Work	14	Level 3 Care	1
Equality & Diversity	8	Level 2 Youth Work	3
GDPR training	8	Outdoor 1st Aid	5

Showcase






We have diversified our offer responsive to needs of young people and launched new programmes supporting mental health and resilience.

Geographically expanded and now operational in Wirral, St Helens, Knowsley and Halton.

Awards

Vibe were awards finalists this year, at NDA's



-  Vibe lead Knowsley Youth Cabinet to win the National Crimebeat Awards and the High Sheriffs Award
-  Be Yourself were finalists the National Diversity Awards
-  Tony Doyle won the Brain Charity Volunteer of the Year award
-  Vibe hosted our 1st youth led fundraising event in 2021 and the **young people raised over £500**
-  Knowsley Youth Cabinet launched their 2nd campaign encouraging Inclusive Education in schools through Drop Down days.

Licences that Vibe Outdoors have been awarded

We are proud to celebrate that Vibe Outdoors is a recognised training centre with the Royal Yachting Association (RYA) and British Canoeing and hold licences with the Adventurous Activity Licensing Authority (AALA), Adventure mark and Learning Outside the Classroom (LOtC).



Relationship Model

The Relationship model focuses on four different areas, Personal, Interpersonal, Advocacy and community, each of these are embedded into Vibe's programmes, below we demonstrate how our programmes deliver in these areas.



Level 1: Personal

We start by supporting young people to build a positive relationship with themselves - improving their self-esteem and self-awareness. Helping young people to be happier and more confident.

Vibe outdoors

Vibe Outdoors offer a range of adventurous activities, over the past 12 months, the team have supported all young people to build positive relationships with themselves, sessions are designed to build young people's self-esteem, build confidence by taking part in activities that they may not have tried before, pushing their boundaries and learn new skills. Young people taking part in activities at Vibe Outdoors, tell us that they feel happier when they have taken part in Vibe outdoors activities.



Case studies



Level 2: Inter-personal

We equip young people with the skills to empathise and communicate well with those around them - to feel confident in how they interact, and to build positive relationships with friends and family.

In Halton this year Vibe launched our Where's your head at? Programme, this is designed to support young people to improve their mental wealth. This programme has taught young people the skills required to be an effective communicator, explore coping strategies, to understand others and learn how to manage their feelings.

The programme has given young people the opportunity to explore how to improve their relationships with their friends and family, building on their confidence to have open conversations about their feelings and emotions.



Case studies

Level 3: Advocacy

We encourage and enable young people to help those around them to build and maintain positive relationships with each other.

The Me Time programme is a respite for young people with caring responsibilities designed to bring young people together to have time for themselves in a fun structured environment. Me Time members are like minded young people who have shared experiences and similar backgrounds. This year the young people have formed new friendships and a number of Me Time members became peer educators supporting others within the group.

The activities that make up the sessions are designed to support young people to get to know one another and the importance of maintaining positive relationships. The young people have also learnt important life skills, including cooking skills, sewing skills, mindfulness, sports to achieve a healthy lifestyle and the Lord Derby Award.



Case studies



Level 4: Community

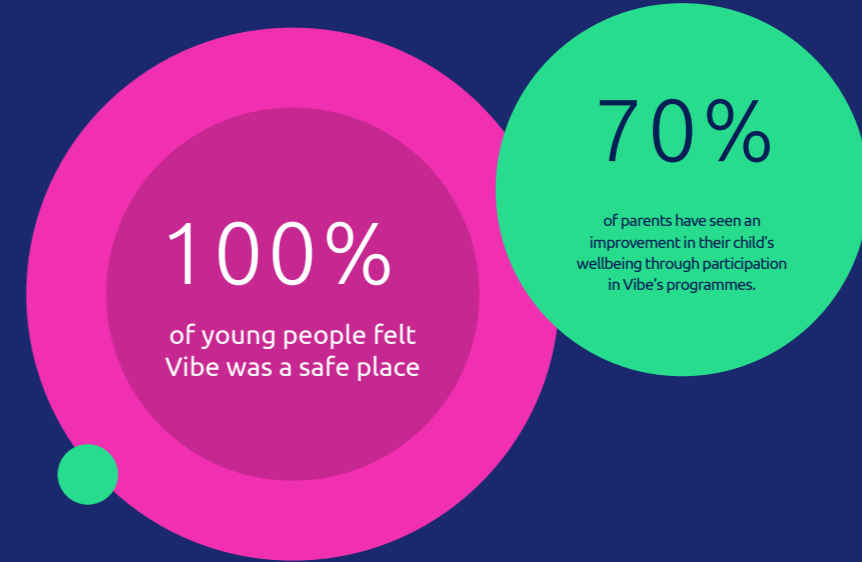
Youth Voice is made up of a series of groups, including Knowsley Youth Cabinet, Stockbridge Action Youth, Halton Youth Cabinet and Vibe Youth Voice.

Through campaign workshops and skills courses young people learn how to build relationships with each other and work together to help those around them, this year Knowsley's Youth Cabinet launched their 2nd campaign encouraging Inclusive Education in schools through Drop Down days to ensure that this is an example of what young people can achieve when given the right platform and support to bring around change in their schools and communities.

Young people develop a sense of belonging and purpose and play a central role in creating vibrant communities.



Vibe End of Year Survey Results:

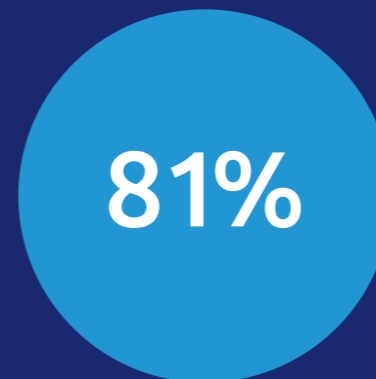


Almost half of teenagers would like to see programmes like mental health and Safe Space LGBTQ+ at school.



★ Our young people rated their experience with Vibe **9/10** in 2021!

8 in 10 young people say that their favourite thing about attending Vibe is catching up with friends.



of young people say that their favourite part of Vibe is **building relationships with friends** and **catching up during the programmes.**

Vibe's key events in 2021



#HAF2021

Vibe has been able to serve the communities of Knowsley and Halton for HAF throughout 2021, the HAF programme enabled us to support thousands of children and their families throughout the Easter, summer and Christmas school holidays. HAF programme is in response to the issues families who are eligible to FSM face during the holidays, including less likely to attend organised activities, more likely to experience 'unhealthy holidays' in terms of nutrition and physical health, more likely to experience social isolation.

Evidence has shown that HAF clubs have had a positive impact on children and young people, providing consistent and easily accessible enrichment activities, physical exercise and nutritious food. Vibe has delivered over 340 hours of HAF, accessed by 1,302 young people and in the process built new connections, strong relationships with local partnerships.



"Where's your head at?"

This year Vibe have launched "Where's your head at?" this arts-based programme focuses on young people building their mentalwealth, resilience and coping strategies. Outcomes show all young people who have been involved with the programme are showing increased confidence and less anxiety, with improved wellbeing, skills in relaxation and knowledge of emotional health.



Vibe Outreach

Our work in Halton, is an outreach-based programme, where Vibe youth workers aim to engage with young people positively in the community, build and sustain positive relationships and raise awareness of and reduce anti-social behaviour across the area, by signposting young people out of Hotspot areas, into universal services and activities within their locality.



Open Access

Vibe operates 10 Open Access Youth clubs 5 nights a week within the Knowsley area. Open access is a universal offer to young people of Knowsley, it is an informal youth provision which includes a wide range of different types of interventions and activities. It is underpinned by building trusted relationships through voluntary engagement with a young person, rather than activities or journeys with a defined beginning, middle and end. It may not have pre-defined outcomes and different young people are likely to engage in very different ways or have different experience of the provision. Knowsley's young people can access regular and ongoing activities that provide a safe space to be with friends, take part in positive activities and gain support from a trusted adult.



Short Breaks

Vibe has a fantastic series of short breaks programmes across the Liverpool city region. A short break is a positive activity for children and young people with or without their parents or carers. Short breaks at Vibe range from weekly sessions to holiday clubs, family days and outdoor education trips. Short breaks allow the parent or carer to have a break from caring for their child. Short breaks sessions offer all participants and their families the opportunity to try new experiences, activities, sports and sensory lead arts and crafts. Young people are encouraged to try new things, gain independence skills

Schools programme

Vibe work with young people, predominantly aged 11 to 25 years old, with a particular focus on the importance of healthy, positive relationships. Vibe can offer programmes to young people who are in need of additional support within their education setting. Vibe has a range of programmes designed to support young people with social, emotional, and behavioural needs and young people at risk of exploitation and vulnerable due to disadvantages out of their control such as poverty.

Vibe's key purpose of youth work delivered within schools is to support young people, working with them, giving them the tools to develop their personal, social and educational skills, giving them a platform to develop their voice, influence decision makers and find their place within their community to excel.



Vibe Youth Voice

Vibe Youth Voice involves young people taking action to bring about change in their communities. Young people are encouraged to express their views, take part in decision making processes and campaign on issues that affect them and their peers. Vibe provide lots of opportunities for young people to become involved in youth voice activities.



Established over 30 years ago and formerly known as Knowsley Outdoor Education Centre (KOECC), **Vibe Outdoors** offers a unique outdoor experience which provides visitors with a chance to push boundaries, grow confidence and discover capabilities in a safe and affirming environment. Visitors can enjoy a wide range of activities at our various locations across the North West including water sports such as canoeing, kayaking, raft building and sailing. Whilst on land, participants can experience archery, orienteering and bushcraft, in unique habitats close to wildlife. We have many years of experience in providing exhilarating, adventurous and educational activities with fully qualified and experienced Outdoor Instructors. We are a recognised training centre with the Royal Yachting Association (RYA) and British Canoeing and hold licences with the Adventurous Activity Licensing Authority (AALA), Adventuremark and Learning Outside the Classroom (LOtC). Vibe Outdoors offers a fully inclusive environment and an extensive range of activities on land and water which enables everyone to get involved, participate and achieve.



Targeted

Vibe have engaged with 1536 as part of the KMBC contract

Me Time

Over the past 12 months we have supported young carers and compromised young people to enjoy respite from their caring role while having fun in a structured way. We have offered a wide range of activities where young people have learnt new skills such as cookery, logo design, yoga, boxing, mindfulness and relationship building challenges. Some young people have enhanced their resilience and many have built positive relationships and made friends while being on the programme.

137 young people have engaged on the Me Time programme



82 No of exited young people who have progressed on their Stirling Children's Well-being Scale

264 one to one sessions have taken place throughout the year

123 Number of group session taken place throughout the year

132 young people achieved Lord Derby award accreditation

35 Number of compliments received during the period

115 Total number of young people identified as young carers

7 family days/events have taken place

31 Total number of young people identified as compromised care (Toxic trio)

Junior INC (Individual needs club)

Junior INC is a social safe space for young people to connect and build relationships.

24 Members over **21** week grant

INC

The Individual needs club (INC) focuses on leisure activities, sports and learning independence skills in a safe environment.

27 Members with **15** young people in attendance each week



Step Forward

The programme addresses their issues and reduces any risk-taking behaviour.

Has had **47** referrals from targeted services



We believe in the importance of relationships.

We know that too often, young people start their lives at a disadvantage.

We are here to change the story for young people.

Fundraising appeal

Last year Vibe received funding from a number of organisations including: ForHousing, Halton Borough Council, Halton Community Foundation, John Moore Foundation, Knowsley MBC, Police Community Cashback Fund, St Helens Borough council, The Learning Foundry, Violence Reduction Unit and Wirral NHS Community Foundation Trust. Vibe have an ongoing community fundraising campaign, further connecting our cause with the local community.

Find out more: vibeuk.org/donate

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